

ZENSHINJI – Tassajara Zen Mountain Center Practice Period Application

Fall 2017 (September 26 – December 20, 2017)
Led by Senior Dharma Teacher Tenshin Reb Anderson

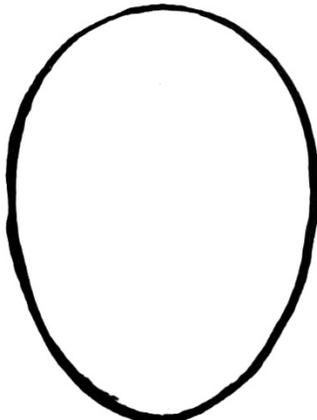
Part I: Please provide the following information*

*Prerequisites for Fall 2017 Practice Period at Tassajara:

- Completion of at least one, 2-month residential practice period at San Francisco Zen Center's City Center or Green Gulch Farm
- Commitment to attend full 3 months of the practice period
- Complete application including non-refundable application fee of \$30
- Practice period credit or full tuition paid **before** start of practice period

***Please note:** This practice period is expected to be full. Many monks will need to share a room, heated cabins are extremely limited, student housing will likely be utilized, and not all monks will be able to eat oryoki meals in the zendo.

Please put a head shot photo here



Name _____ Age ____ DOB _____ (MM/DD/YY)

Address _____

Telephone: (cell) _____ (other) _____

E-mail: _____

In case of emergency, who should be notified?

Name _____ Relationship _____

Address _____

Phone (cell): _____ (other): _____

Email: _____

Part II: Personal Statement – Please attach a separate paper discussing each of the following items, numbering your responses.

1. Your practice and interest in Zen; why you want to participate in the practice period at this time.

2. A brief personal history.

3. Previous experience in studying and/or practicing Buddhism, including:

- SF Zen Center residential practice periods (date & location)
- Sesshins (specify length and location)
- Residential practice at Green Gulch or City Center or Tassajara (dates)
- SF Zen Center staff positions
- Other formal Buddhist practice

Have you received Buddhist precepts? ____ By whom? _____ Date: _____

Have you been ordained as a Buddhist priest? ____ If so, by whom? _____

Ordination Date: _____

Current Primary Teacher/Practice Leader _____

If your teacher is not a SF Zen Center teacher, we request a letter of recommendation from him/her. Please provide contact information so that we may reach your teacher if necessary:

Name _____

Address _____

Telephone _____

4. Any medical problems such as back or knee problems, repetitive stress injuries (RSI), food or other serious allergies. Do you have an up-to-date tetanus shot?

5. Significant physical, psychological, or emotional difficulties, particularly those for which you have received professional help or been hospitalized. Please list dates, if applicable.

6. History of alcohol or substance abuse. Please list any treatment programs and dates.

7. Current use of prescription medications. Please specify medications, and briefly describe the conditions being treated.

8. Are you able to completely follow the practice period schedule? Please describe any concerns or limitations.

9. Are you interested in continuing in residential practice at Zenshinji after this practice period? Yes No If yes, please describe: _____

Part III: Practice period requirements

- I understand that I am agreeing to the following:
 - 1) Following the schedule of daily meditation
 - 2) Participating in daily services of bowing and chanting
 - 3) Attending several hours of classes and lectures each week
 - 4) Participating in formal meals and ceremonies
 - 5) Working several hours each day
 - 6) Refraining from possession and use of recreational drugs and alcohol
 - 7) Refraining from initiating any new sexual relationship
 - 8) Remaining at ZMC throughout the entire practice period except for medical emergencies

Additionally, please print and read the Practice Period Guidelines.

Weather Considerations

Based on our experience in the past we expect that the seasonal rains will bring additional challenges to the monastery. These challenges include potential flooding as well as debris flow, slides and erosion risks along the Tassajara road and throughout the valley. Due to these potential hazards, Tassajara practice period participants are required to sign a Waiver of Liability which can be found on [the practice period web page](#).

The Tassajara road may be impassable at times throughout the late fall due to water runoff, fallen trees, and landslides. We strongly recommend that practice period participants bring **extras supplies of any personal medicines or other necessities** in case supplies cannot be transported over the road for a week or more at a time. All medical and dental procedures should be taken care of before arriving for practice period. Finally, it is also possible that the heating system for cabins and communal spaces may not be consistently available due to elevated creek levels **and therefore we suggest that you come prepared with suitable warm clothing, bedding, and hot water bottles.**

Part IV: Payment

The fee for practice period is **\$3630*** (\$3600 + \$30 application fee), which covers room, board and tuition. Payment in full is required **before** arrival at Tassajara unless another arrangement is made in advance with the director. There is no option to earn a credit retroactively for the Fall 2017 Ango.

*As the basic operating expenses for the practice period are in excess of \$4500 per student, you are invited to donate more if you are able.

- I will be paying for this practice period
- I have a practice period credit from: GGF – date _____
City Center – date _____
Tassajara – date _____

Please send the following items electronically to rebassistant@sfzc.org (any applications not including all items listed below will not be considered):

- this form,**
- your personal statement,**
- a recent “head-shot” photograph,**
- signed “release of liability” form, found on the practice period [web page](#)**
- and a non-refundable \$30 application fee (current SF Zen Center residents are exempt from this fee), which can be paid by check or online on the [web page](#)**

Application and fee (checks should be made out to **Tassajara Zen Mountain Center**) can be mailed to the address below, but it is preferred that the application be sent via email to rebassistant@sfzc.org and the application fee be paid online.

ZMC Practice Period Applications Committee
Tassajara Fall 2017
c/o Sonja Gardenswartz
Green Gulch Farm
1601 Shoreline Hwy.
Muir Beach, CA 94965

Applications must be received by June 30, 2017.

I have read, understood, and have kept a copy of the Zenshinji Practice Period Guidelines (available on the [web page](#)) and agree to participate fully in the practice period, fulfilling the practice period requirements as described in this application and in the Practice Period Guidelines.

Signed: _____ Date: _____

Revised: April 2017