

ESTABLISHING THE PATH OF PRACTICE
Application Form

Dates of Program: _____

Leaders: Ryushin Paul Haller and co-teachers

Date: _____

Part I. Please provide the following information:

Name: _____ Birthdate: _____

Address: _____

Phone: (day) _____ (evening) _____

Email: _____

Have you had or do you currently have a practice leader at City Center? If so, who? _____

Part II. Please attach a personal statement discussing each of the following, numbering your responses:

1. Your interest in participating in the Establishing the Path of Practice program at this time in your life.
2. Do you have any experience studying and/or practicing Zen Buddhism or any other spiritual practice? If so what tradition, where, and for how long?
3. Are there any significant physical, psychological, or emotional difficulties you are currently experiencing or have experienced that you think would be helpful for us to know about?
4. Are there any limitations that would prevent you from completely following the EPP schedule? (Please check the dates and times of the scheduled EPP meetings on page 2 against your calendar and mark all foreseeable conflicts with an **X**.)

Part III. Please consider the following carefully:

Participation requires a commitment to:

- Daily zazen practice (30+ minutes) at home or at Zen Center
- Daily body and mindfulness practices
- Attendance of the scheduled EPP All-group and Peer-group events
- Engagement in monthly written reflections

Signature _____ Date _____

If you have any questions about financial assistance, work-exchange, payment arrangements or any other matters related to the application process, please call the City Center Director at 415-354-0383 or email ccdirector@sfzc.org. Please mail or deliver: 1) the completed application form, 2) your personal statement and 3) a recent photograph to:

**San Francisco Zen Center
Attn: EPP Registration
300 Page Street
San Francisco, CA 94102**

Please submit full tuition payment for the program with your registration to secure your space in the program.